

112TH CONGRESS
1ST SESSION

H. RES. 214

Expressing support for designation of May 2011 as Mental Health Month.

IN THE HOUSE OF REPRESENTATIVES

APRIL 8, 2011

Mrs. NAPOLITANO submitted the following resolution; which was referred to
the Committee on Energy and Commerce

RESOLUTION

Expressing support for designation of May 2011 as Mental
Health Month.

Whereas the mental health and well-being of people in the
United States is a critical issue that affects not only
quality of life, but also the health of communities, fami-
lies, and economic stability;

Whereas the stigma associated with mental health continues
to persist;

Whereas more than 57,000,000 people in the United States
suffer from mental illness;

Whereas approximately 1 in 5 children and adolescents may
have a diagnosable mental disorder;

Whereas more than a quarter of the members of the United
States Armed Forces suffer from psychological or neuro-

logical injuries sustained from combat, including major depression and post-traumatic stress disorder;

Whereas more than half of all prison and jail inmates suffer from mental illness;

Whereas mental illness is the leading cause of disability in the Nation;

Whereas major mental illness costs businesses and the United States economy over \$193,000,000,000 per year in lost earnings;

Whereas untreated mental illness is a leading cause of absenteeism and lost productivity in the workplace;

Whereas, in 2006, over 33,300 individuals died by suicide in the United States, nearly twice the rate of homicide;

Whereas suicide is the third leading cause of death among youth between the ages of 15 and 24;

Whereas, in 2006, individuals age 65 and older comprised only 12.4 percent of the population but accounted for 15.9 percent of all suicides;

Whereas 1 in 4 Latina adolescents report seriously contemplating suicide, a rate higher than any other demographic;

Whereas Native Americans currently rank as the top ethnicity for suicide rates nationwide;

Whereas studies report that people with serious mental illness die, on average, 25 years earlier than the general population; and

Whereas it would be appropriate to observe May 2011 as Mental Health Month: Now, therefore, be it

1 *Resolved*, That the House of Representatives—

1 (1) supports the designation of Mental Health
2 Month in order to place emphasis on scientific facts
3 and findings regarding mental health and to remove
4 the stigma associated with mental illness;

5 (2) recognizes that mental well-being is as im-
6 portant as physical well-being for citizens, commu-
7 nities, businesses, and the economy in the United
8 States;

9 (3) applauds the coalescing of national and
10 community organizations in working to promote
11 public awareness of mental health and providing
12 critical information and support to the people and
13 families affected by mental illness;

14 (4) supports the finding of the President's
15 Commission on Mental Health that recovery from
16 mental illness is a real possibility and steps can be
17 taken to improve the lives of those living with men-
18 tal illnesses, which will benefit American families,
19 communities, schools, and workplaces; and

20 (5) encourages organizations and health practi-
21 tioners to use Mental Health Month as an oppor-
22 tunity to promote mental well-being and awareness,
23 ensure access to appropriate services, and support

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- 1 overall quality of life for those living with mental ill-
- 2 ness.

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