

I would like to specially recognize Captain Hicks, the commanding officer of the NNPTC, for his role in ensuring that the Naval Nuclear Power Training Command offered its best to Nathaniel and ourselves during this process. And I would be remiss not to mention the efforts of Commander Crossley and Lt. Callahan for the quality of their efforts in Nathaniel's and our behalf. I would like to commend Commander Crossley for his direct interest and rapport with Nathaniel which contributed in no small way to Nathaniel's recovery. And I would like to commend Lt. Callahan for his personal interest and the thoroughness with which he carried out the directions of Captain Hicks and Commander Crossley in ensuring that everything possible was done for Nathaniel and ourselves while in Charleston. And the direct interest of not only Petty Officer Baker but also his wife in Nathaniel's well-being during his hospitalization should not be omitted. All of these individuals contributed not only in Nathaniel's recovery but also conveyed a very positive image of the Navy to all involved in this process. . . . from the hospital staff all the way down to the family and friends of the other residents of the Intensive Care Unit at the Trident Medical Center in Charleston and ourselves.

We would like to do all we can to recognize the Navy's efforts in helping Nathaniel successfully recover from his illness and to recognize the individual endeavors of the Navy personnel in carrying out those efforts. We would also like to recognize the excellent relationship which exists between the Navy and the medical staff of the Trident Medical Center which permitted Nathaniel to receive the care he required. This letter is being written for that purpose and my wife and I hope that it has, in some way, accomplished our desire to recognize the Navy, its personnel, and those operating in behalf of the Navy for their excellence in returning to us the life of our son.

Very truly yours,  
ROBERT AND PATRICIA ARNOLD.

THE MEDICARE WELLNESS ACT OF  
2000

HON. MARK FOLEY

OF FLORIDA

IN THE HOUSE OF REPRESENTATIVES

*Thursday, March 9, 2000*

Mr. FOLEY. Mr. Speaker, for far too long, our health care system has been taking the wrong approach. The primary focus has been on treating people once they become sick rather than preventing their illness in the first place. I have often spoken out in favor of a greater focus on preventive health care. My home state of Florida has one of the largest senior populations in the country. Heart disease and cancer account for roughly 60% of deaths in the state each year, with strokes contributing significantly to the other 40%. It would be great if we could cut the incidence of heart disease and strokes in half by providing individuals with nutrition and smoking cessation counseling.

More and more, health care providers and health insurance companies in the private sector are making periodic disease screening and lifestyle counseling available to their patients at no extra cost. In fact, they are encouraging their patients to take advantage of these services. Although we did pass several very impor-

tant preventive benefits in the Balanced Budget Act of 1997, I would like to see the federal Medicare system play a greater role in promoting disease prevention and healthy lifestyles.

I am pleased to join Congressman LEVIN in sponsoring the Medicare Wellness Act in the House to encourage this fundamental shift in Medicare policy. In addition to expanding disease screening and prevention services, this bill will also create mechanisms within the Department of Health and Human Services to increase awareness of factors that impact health and to encourage a change in personal health habits.

Not only does preventive care create a healthier population with a higher quality of life, it also saves money. This is especially important for the Medicare system as we struggle to control its spending to maintain its solvency in the wake of rising health care costs. Even though expanding preventive benefits will cost money in the short term, the long term savings will be immense. Keeping people healthier will reduce the number of hospital admissions, operations, and drug prescriptions—three of Medicare's highest cost items.

I am confident that with the combined efforts of Congressman LEVIN and myself—along with Senators GRAHAM, JEFFORDS and BINGAMAN—the Medicare Wellness Act will be a significant part of any Medicare legislation that is considered this year.

MEDICARE WELLNESS ACT OF 2000 SUMMARY

The Medicare Wellness Act represents a concerted effort to change the fundamental focus of the Medicare program. It would change the program from a sickness program to a wellness program, one that treats illness before it happens.

Title I: Establishes the Healthy Seniors Promotion Program. This program will bring together all the agencies within the Department of Health and Human Services that address the medical, social and behavioral issues affecting the elderly and instruct them to conduct a series of studies that will increase knowledge about and utilization of prevention services among the elderly.

Title II: Adds several new preventative screening and counseling benefits to the Medicare program, including: screening for hypertension, counseling for tobacco cessation (for those with a history of tobacco use), screening for glaucoma (for high-risk beneficiaries), counseling for hormone replacement therapy, screening for vision and hearing loss, nutrition therapy (for high risk beneficiaries), expanded screening and counseling for osteoporosis, and screening for cholesterol (for beneficiaries with a history of heart disease).

Title III: Establishes a health risk appraisal and education program aimed at major behavioral risk factors such as diet, exercise, alcohol and tobacco use, and depression. This program will target both pre-65 individuals and current Medicare beneficiaries. The main goal of this program is to increase awareness among individuals of major risk factors that impact on health, to change personal health habits, improve health status, and save the Medicare program money.

Titles IV and V: Authorize prevention demonstration projects and require the Institute of Medicine to conduct a study every five years to assess the scientific validity of the entire

Medicare prevention benefits package. The study will be reviewed by Congress using a "fast-track" process which will force Congress out of the business of micro-managing the Medicare program.

Title VI: Authorizes a demonstration project on depression screening. The results will be evaluated by the Institute of Medicine, which will make recommendations to Congress about whether to add this benefit to Medicare.

THE MEDICARE WELLNESS ACT OF  
2000

HON. SANDER M. LEVIN

OF MICHIGAN

IN THE HOUSE OF REPRESENTATIVES

*Thursday, March 9, 2000*

Mr. LEVIN. Mr. Speaker, today I am pleased to join with my colleague, MARK FOLEY, in introducing the Medicare Wellness Act of 2000. We believe this bill will accelerate Medicare's transformation from a "sickness" program to a "wellness" program. Helping seniors stay healthy improves quality of life for Medicare beneficiaries, and in the long run, it will save Medicare money on hospitals and nursing homes.

The Medicare Wellness Act would modernize Medicare by adding basic preventive care benefits. Most working Americans take these benefits—things like blood pressure screening, glaucoma testing, and cholesterol screening—for granted. Unfortunately, the Medicare program currently pays nothing if seniors choose to get these screenings.

In 1997, Congress added the first preventive care benefits to Medicare. For the first time, Medicare beneficiaries could get mammograms, colorectal cancer screening, and diabetes self-management services. Unfortunately, the number of seniors getting those screenings has not increased as much as we hoped. Part of the reason is that all those benefits are still subject to Medicare cost-sharing. For many seniors, that means they still can't afford to get the screenings they need. Another problem is that seniors simply are not aware of the new benefits. The Medicare Wellness Act would correct both problems by eliminating cost sharing for prevention services and authorizing new public education efforts.

In my congressional district, use of Medicare's prevention benefits is still disappointingly low. According to researchers at the Dartmouth Medical School, over 70% of my senior constituents do not receive annual mammograms, and over 80% are not screened for colorectal cancer. I believe the Medicare Wellness Act will help improve these rates, while also giving 1.4 million people in Michigan access to new prevention benefits.

We are pleased to be joined in this effort by Senators BOB GRAHAM, JIM JEFFORDS, and JEFF BINGAMAN, who have introduced companion legislation in the other body.

The bipartisan, bicameral consensus that Medicare needs to cover preventive benefits gives us a real opportunity to improve Medicare now. The sooner we act, the sooner senior citizens will have better health insurance.

FORTY-FOURTH ANNIVERSARY OF  
TUNISIAN INDEPENDENCE

**HON. NICK J. RAHALL II**

OF WEST VIRGINIA

IN THE HOUSE OF REPRESENTATIVES

*Thursday, March 9, 2000*

Mr. RAHALL. Mr. Speaker, I rise to acknowledge the anniversary of the 44th year of Independence for the Republic of Tunisia, to be celebrated on March 20, 2000.

Legend has it that more than 200 years ago, Tunis, as token of esteem and friendship, sent one of its finest stallions to U.S. President George Washington. Unfortunately, customs officials in the nascent republic denied entry to the horse, which spent its remaining days in the port of Baltimore.

After this somewhat rocky start, I am pleased to note that U.S.-Tunisian relations have improved considerably. Tunisia is about to celebrate its 44th anniversary of the establishment of the Republic of Tunisia as an independent country, a time during which Tunisia has enjoyed a strong and healthy relationship with the United States.

I congratulate Tunisia for its many accomplishments, not the least of which is to have established a more democratic system of government, making every effort to broaden political debate, including passage of an electoral law that reserved 19 seats of the National assembly for members of opposition political parties.

Tunisia has a very impressive economic record, having turned to economic programs designed to privatize state owned companies and to reform the banking and financial sectors over the last decade.

As a result Tunisia's economy has grown at an average rate of 4.65 percent just in the last several years, and its economic success has had a beneficial impact on Tunisia's international standing. Tunisia is one of the few countries to graduate successfully from development assistance and to join the developed world.

Tunisia has also become a moderating force in the Middle East peace process, taking an active role within the international community in fighting terrorism, while maintaining internal stability in the face of external chaos.

I am pleased with the increasingly strong ties between the United States and Tunisia, and join the American people in congratulating the people of Tunisia on this historic occasion. I encourage my colleagues to do the same.

IN RECOGNITION OF TEXAS  
PUBLIC SCHOOLS WEEK

**HON. RON PAUL**

OF TEXAS

IN THE HOUSE OF REPRESENTATIVES

*Thursday, March 9, 2000*

Mr. PAUL. Mr. Speaker, as this is Texas Public Schools Week, I wanted to take a moment to offer my thanks to the parents and teachers of my district and those across Texas for all of their hard work to make sure our children get the best education possible. Unfortunately, Congress and the federal bureaucracy continues to strip authority away from parents, teachers and local school boards. While Congress promises the American people that ex-

pansions of federal control over local schools will create an education utopia, the fact is the federal education bureaucracy has only made educating the next generation more difficult and diverted resources away from the classroom. For example, while the federal government provides less than 10% of education funding, many school districts find that over 50% of their paperwork is generated by federal mandates. The federal government also forces local school officials to jump through numerous hoops in order to get Washington to return a ridiculously small portion of taxpayer moneys to local public schools.

Over thirty years of centralized control of education has resulted in failure and frustrated parents. It is time for Washington to return control of the nation's school system to the people who best know the needs of the children: local communities and parents. The key to doing so is to return control of the education dollar back to the American people.

In order to give control of education back to the people I have introduced the Family Education Freedom Act (HR 935). This bill provides parents with a \$3,000 per child tax credit for K-12 education expenses.

The Family Education Freedom Act fulfills the American people's goal of greater control over their children's education by simply allowing parents to keep more of their hard-earned money to spend on education rather than force them to send it to Washington to support education programs reflective of the values and priorities of Congress and the federal bureaucracy.

The Family Education Freedom Act will help parents strengthen their child's public education. Parents may use the credit to improve schools by helping to finance the purchase of education tools such as computers or extra-curricular activities such as music programs. Parents of public school students may also wish to use the credit to pay for special services for their children.

I have also introduced the Teacher Tax Cut (HR 937), which provides a \$1,000 tax credit for every teacher in America. Quality education is impossible without quality teaching. Yet, America's teachers remain underpaid compared to other professionals. Adding insult to injury, teachers often have to use their own money to purchase supplies for their classroom. For example, according to the Association of Texas Professional Educators, many Texas teachers spent between \$50-300 of their own money on school supplies during the 1998-99 school year!

Because America's teachers are underpaid because they are overtaxed, the best way to raise teacher take-home pay is to reduce their taxes. Raising teachers' take-home pay via a \$1,000 tax credit lets teachers know the American people and the Congress respect their work and encourages high-quality people to enter, and remain in, the teaching profession. I have also introduced the Education Improvement Tax Cut (HR 936), which provides a \$3,000 tax credit for cash or in-kind donations to public schools to support academic or extra-curricular programs. This legislation encourages local-citizens and community leaders to help strengthen local public schools. The Education Improvement Tax Cut Act also ensures that education funding matches the needs of individual communities. People in one community may use this credit to purchase computers, while children in another

community may, at last, have access to a quality music program because of community leaders who took advantage of the tax credit contained in this bill.

Mr. Speaker, my education agenda of returning control over the education dollar to the American people is the best way to strengthen public education. First of all, unlike plans to expand the federal education bureaucracy, my bills are free of "guidelines" and restrictions that dilute the actual number of dollars spent to educate a child. In addition, the money does not have to go through federal and state bureaucrats, each of whom get a cut, before it reaches the classroom. Returning power over the education dollar to the American people will also free public school teachers, administrators and principals from having to comply with numerous federal mandates. Therefore, school personnel will be able to devote their time to working with parents and other concerned citizens to make sure all children are receiving the best possible education.

In conclusion, Mr. Speaker, I once again extend my thanks to all those who are involved in the education of our nation's children. I also call upon my colleagues to help strengthen public schools by returning control over the education dollar to parents and other concerned citizens, as well as raising teacher take-home pay by cutting their taxes, so that the American people can once again make the American education system the envy of the world.

IN HONOR OF LONNIE R. ANDERSON—WHITLEY COUNTY SUPERINTENDENT OF SCHOOLS AND WINNER OF F.L. DUPREE AWARD FOR EXEMPLARY CONTRIBUTIONS TO EDUCATION

**HON. HAROLD ROGERS**

OF KENTUCKY

IN THE HOUSE OF REPRESENTATIVES

*Thursday, March 9, 2000*

Mr. ROGERS. Mr. Speaker, we often hear about grand, universal plans for making positive changes in our nation's public education system. None of these plans, however, can substitute for the daily effort of educators working at the local level. It is these dedicated professionals, in tens of thousands of local school districts across the nation, who bear the responsibility for touching the lives of the students in their communities. These educators hold the key to the transformation of our nation's system of education—one student at a time.

Today, I want to honor one such professional in Whitley County, Kentucky. The Kentucky School Boards Association (KSBA) has recognized my constituent, Whitley School Superintendent Lonnie R. Anderson, for his distinguished service to the field of education. He has been awarded the KSBA's annual F.L. Dupree Award for exemplary contributions to education. The family of the late F.L. Dupree, Sr., a Lexington businessman and supporter of Kentucky public schools sponsors the award.

Superintendent Anderson has worked tirelessly for the parents and students served by the Whitley County School District over the past nine years. Through his hard work and dedication, he has been a driving force in