changing the world for the better through his or her students. Too often a teaching career is viewed by too many as an option taken by those who cannot excel elsewhere. But those of us who know better know that it is the great teacher that makes it possible for us to succeed anywhere and in any pursuit.

Dr. Freeman was and is such a teacher. But as he lived a full and complete life rooted in excellence, virtue, and service, he also was a minister of the gospel, community leader, husband, father, mentor, and a friend to thousands. It can truly be said of Dr. Freeman that his has been a consequential life.

That is why Dr. Freeman is legendary and deserving of the fitting tribute of being honored at the 2013 Founder's Day Convocation at Texas Southern University.

Congratulations Dr. Freeman and thank you for your service to TSU, to America, and to humanity.

RECOGNIZING COSTANZO'S BAKERY, INC.

HON. BRIAN HIGGINS

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES Thursday, September 12, 2013

Mr. HIGGINS. Mr. Speaker, I stand today to recognize Costanzo's Bakery, Inc. and the Costanzo family, as they receive the Special Presentation Award from the Cheektowaga Chamber of Commerce. The company is an outstanding employer and well-run company that showcases the endless possibilities of growth for businesses today in Western New York.

In 1933, Angelo Costanzo started a small business along the Niagara River known as Costanzo's Bread. His Italian breads became a household name in supermarkets and grocery stores around Buffalo. In the 1970's Angelo Sr. realized the growth in sub and pizza shops around the area, and expanded his business to sell to local food service establishments

In 1977, Angelo Jr. and his brother took over the bakery and moved into a new location on Union Road in Cheektowaga. It was here that Costanzo's grew to serve a national marketplace by developing a line of frozen fully baked sub rolls and round rolls. This was the beginning of Costanzo's Bakery, Inc.

Costanzo's now represents the last remaining member of a once vibrant baking industry locally. The industry has faced many issues over the last several years. Customer demands, compliance costs and increased commodity prices have negatively impacted many bakeries. But Costanzo's has continued to grow, due to its "recipe for success" that it has maintained for eight decades.

The company's products are delivered fresh up to five days a week to dozens of local delis, convenience stores, specialty markets, and supermarkets throughout the region. It has also launched many new products including brioche rolls, artisan style sandwich rolls, rustic-style sub rolls, whole wheat rolls and spicy Buffalo rolls.

While the recipes have stayed the same, Costanzo's has been innovative in developing strategies to meet modern challenges. With the goal of selling its bread to all people regardless of location, it has recently established

a national sales team comprised of a director of national accounts and a corporate chef to work directly with multi-unit retail and food service accounts nationwide. The company has also partnered with a Canadian food distributor to represent the brand in Ontario and Quebec. Costanzo's is also pursuing a British Retail Consortium certification, which is the highest level of quality and food safety certification in the industry.

The bakery employs over 120 full and parttime employees, many of whom reside in Cheektowaga and the surrounding areas of the Buffalo-Niagara Region. In addition, Costanzo's gives back to the community providing donations to over 40 non-profit organizations and community groups throughout Erie County.

Mr. Speaker, thank you for allowing me a few moments to recognize Costanzo's Bakery and the Costanzo family as they receive their Special Presentation Award from the Cheektowaga Chamber of Commerce. For the past 80 years, they have demonstrated impressive commitment to our community, their customers, and employees. Their quality service and history is known throughout Western New York, and we are proud to have such reputable small businesses filled with hardworking employees in our region.

HONORING GREENWOOD CHAPEL UNITED METHODIST CHURCH

HON. BENNIE G. THOMPSON

OF MISSISSIPPI

IN THE HOUSE OF REPRESENTATIVES Thursday, September 12, 2013

Mr. THOMPSON of Mississippi. Mr. Speaker, I rise today to honor Greenwood Chapel United Methodist Church Carthage, Mississippi. The Word: "The State of Mississippi, Leake County, and The Indenture made this 31 day of January 1872 between Bennett E. Charthan and Catherine Charthan, his wife, of the first part deed to the Colored People of the south end of said property in Beat 3", was taken from the deed which deeded to at that time, land for the church and school.

The church building most remembered would be the one that faced the road with the tall steps. On May 5, 1944 one acre of land was sold to the Trustees of Greenwood Chapel Colored Church, the land located behind the present day church by Susie Truesdale. In 1960, the church was rebuilt under the leadership for Reverend Russell. The trustees at that time were: Presley (Jack) Smith, Grant Matlock, Edward W. (Ed) Merchant, Willie (Bill) Smith, and Jefferson (Jeff) Smith, Sr.

In 1975, Dorothy Peterson, Douglas Peterson, and Gwen Peterson sold additional land to Greenwood Chapel Methodist Church. The trustees at that time were: Clarence Smith, Bennett Smith, Cogan Matlock, Melvin Carson, Presley (Jack) Smith, and Clytie Coleman.

The church was rebuilt in 1960 under the contractor, Presley (Jack) Smith, Sr. In 1978 the church was remodeled again with Presley (Jack) Smith being the primary contractor. This occurred under the leadership of Reverend John Cornelius

In 1995, construction was started on a Fellowship Hall under the leadership of Reverend James Morris. In June of 1996, Reverend Marlon King was assigned as pastor and

under his leadership the Fellowship Hall was completed. Clytie Coleman, Herman Hall, Robert Lee Harris, and James Matlock served as builders. Reverend Marlon King was reassigned as pastor for four years. In June of 2000, Reverend Willie Handy was appointed to serve as pastor.

Services are conducted on the first and third Sunday of each month, with the first Sunday in August serving as the churches Homecoming.

Mr. Speaker, I ask my colleagues to join me in recognizing Greenwood Chapel United Methodist Church.

THE INTRODUCTION OF THE DISTRICT OF COLUMBIA GOVERNMENT SHUTDOWN AVOIDANCE ACT OF 2013

HON. ELEANOR HOLMES NORTON

OF THE DISTRICT OF COLUMBIA
IN THE HOUSE OF REPRESENTATIVES
Thursday, September 12, 2013

Ms. NORTON, Mr. Speaker, I rise today to offer the District of Columbia Government Shutdown Avoidance Act of 2013 to eliminate the prospect of a District of Columbia government shutdown on September 30, 2013, or ever again. This bill is essential because a new fiscal year is upon us and D.C.'s local, balanced budget, which has been approved by the House and Senate Appropriations committees, has not reached the floor in either house. Frequent shutdown threats to the local D.C. government have been costly and disruptive to the city government, its employees and its residents, including many federal officials and employees who reside in the District. This bill would add to existing authorities the city has long had to spend its local funds by permanently authorizing the District government to spend its local funds in the event of a Federal Government shutdown and therefore remain open.

Because of the uncertainty and adverse effects on the city caused by increasingly frequent shutdown threats, I am taking several actions to try to prevent a D.C. government shutdown at the end of the month. I begin by introducing this bill. I must take action now because some Republicans are threatening to block a new spending bill when the current bill expires on September 30 unless the new bill defunds the Affordable Care Act, which could lead to a shutdown of both the Federal and District governments, and because the House is scheduled to be in session for only five days before September 30. In case my bill is not enacted in time, I will also offer an amendment to the fiscal year 2014 short-term continuing resolution (CR) (H.J. Res. 59) to authorize the District government to spend its local funds for all of fiscal year 2014, and not only until the expiration of the CR on December 15, 2013, so that the city does not face a shutdown threat again when the CR expires in December.

The D.C. government should never have to wonder whether it will be shut down. I do not believe any Member wants to shut down the D.C. government and bring a large, complicated city to its knees because of a purely federal matter. Indeed, there is bicameral, bipartisan support for preventing D.C. government shutdowns. In July, both the Republican-

led Oversight and Government Reform Committee and the Democratic-led Senate Appropriations Committee approved larger bills that contained the provision in this bill that would permanently authorize the D.C. government to spend its local funds during a Federal Government shutdown. The President's fiscal year 2013 budget also contained the shutdownavoidance provision. The report accompanying the Republican-led House Appropriations Committee-passed fiscal year 2013 Financial Services and General Government Appropriations bill also acknowledged the harm of District government shutdowns.

The bill would permanently protect the more than 600,000 residents of the District of Columbia and the Federal Government from an unintended catastrophe in any future Federal Government shutdown. The District of Columbia raises and manages an \$8 billion local budget, but Congress technically appropriates these funds back to the District, an anachronistic holdover and throwback from the prehome-rule era. Several years ago, Republican appropriators and I reached a bipartisan agreement to approve the District government's local budget in CRs, until the expiration of those CRs, allowing the District government to spend at next year's level, if the District government's regular appropriations bill has not been signed into law by the start of a fiscal year. We are grateful that this agreement has been honored through Democratic and Republican Congresses and administrations. This agreement has enabled District officials to operate complex, big-city functions more effectively than during the many years when the city's local budget was approved by Congress months after the start of a fiscal year. However, last Congress, we saw the limits of even this helpful agreement when the Federal Government almost shut down on multiple occasions, and we are facing a shutdown again this year.

If the District government shuts down, in addition to the vital municipal services that would cease, the District could default under certain financing agreements and leases. Tourists to this city, your constituents, not to mention federal officials, federal buildings, foreign embassies and dignitaries and businesses, rely daily on the city's services. Furthermore, forcing D.C. to operate under successive CRs greatly hinders the operations of the District government. Not only do successive CRs make it difficult for the city to plan its activities for the year, successive CRs greatly increase the city's costs of doing business. The city's partners, from Wall Street to small vendors, may charge it a risk premium due to the uncertainty created by successive CRs. These are not results the Congress envisions or desires as we approach the end of the fiscal year. Our bill would once and for all remove the Nation's Capital from the entanglement in federal matters and disputes for which the city has no blame or involvement.

I urge my colleagues to support the bill.

TRIBUTE TO ROSE KLEYWEG MITCHELL

HON. TOM LATHAM

OF IOWA

IN THE HOUSE OF REPRESENTATIVES Thursday, September 12, 2013

Mr. LATHAM. Mr. Speaker, I rise today to recognize the retirement of Hy-Vee, Inc.'s

Senior Vice President of Education and Governmental Affairs, Rose Kleyweg Mitchell. I have personally known Rose through her tireless advocacy for Hv-Vee and the grocery industry. Rose has led important initiatives to make our state and our fellow lowans healthier by making more informed decisions about nutrition and the foods we eat.

Originally from Sioux City, Rose earned a bachelor's degree and education certificate in 1977 from Simpson College in Indianola, Iowa. Upon graduation, Mrs. Mitchell began teaching at West Des Moines' Valley High School while simultaneously pursuing part-time work at the local Hy-Vee food store. Two years later, Rose had joined Hy-Vee's corporate staff as the first in-house corporate trainer. Mrs. Mitchell would continue to rise through the ranks at Hy-Vee and ultimately assume the roles of Training Supervisor, Director of Training, and Assistant Vice President of Training. By 1996, Rose had been elected to the Board of Directors as the first female vice president where she oversaw Education, Training and Government affairs. Mrs. Mitchell was promoted to her current role as Senior Vice President in 2005

Throughout her storied carrier, Rose's great work has been recognized through numerous honors and awards. Mrs. Mitchell was named the Hy-Vee Director of the Year in 1991, awarded the Simpson College Distinguished Alumni Achievement award in 1995, and received simultaneous awards in 2002 as the Greek Alumni and Advisor of the Year. Mrs. Mitchell is also a charter member of the Hy-Vee Toastmasters Club which she has helped shape through her leadership and award-winning performance.

In addition to her work with lowa's largest private employer, Mrs. Mitchell has displayed an enduring and selfless commitment to her community. Rose has used her talents to serve as President of the Simpson College Alumni Association, hold national office for Delta Delta Sorority, and lead in various roles with the Children's Convalescent Home and Habilitation Center. United Way, and the Unity Point Foundation.

Mr. Speaker, Rose's contribution to Hy-Vee and to the great state of lowa cannot be overstated. While Mrs. Mitchell's expertise and experience are sure to be missed, she leaves behind a truly grateful community and an excellent example of service for which to strive. I wish Rose and her husband Jerry nothing but the best as they begin a new chapter in their lives.

IN HONOR OF MR. JESSE OWENS 100TH BIRTHDAY

HON. ROBERT B. ADERHOLT

OF ALABAMA

IN THE HOUSE OF REPRESENTATIVES Thursday, September 12, 2013

Mr. ADERHOLT. Mr. Speaker, it is my privilege to honor Mr. Jesse Owens on the 100th anniversary of his birthday. James Cleveland Owens was born the son of a sharecropper on a farm in Oakville, Alabama on September 12, 1913. It's been said the family sold its only valuable possession, their mule, in order to travel to Cleveland, Ohio in search of a better life. A teacher at his new school, misunderstanding when James Cleveland told her his

name was J.C., called him Jesse, and the name stuck.

When Jesse entered junior high school, the track team coach noticed his ability to run and jump and recruited him for the team. By the time Jesse entered high school, he was a track star. He set many school records and continued to do so after entering college at Ohio State University.

In 1935, Jesse entered the Big Ten Championship held at Ann Arbor, Michigan where he tied one world record and set three new ones. His long jump record of 26 feet 8.25 inches went unbroken for 25 years.

In 1936, he competed in the Summer Olympics in Berlin, Germany, where he won four gold medals, the most ever won by an individual up until that time. In doing so, Jesse Owens proved that Adolph Hitler's Nazi views of Aryan superiority were inaccurate and that anyone, regardless of race, religion or national origin can achieve greatness.

Owens was a motivational speaker for much of his post-Olympics life and devoted much of his time to youth sports programs for underprivileged children. He earned many awards. among them the Medal of Freedom and the Presidential Living Legends Award.

Owens died of lung cancer in 1980, with his wife, Ruth, and his three daughters by his side. He hasn't been forgotten, though. Thousands of admirers visit Jesse Owens Park and Museum in Oakville, AL each year, many of them from Germany and other foreign countries.

On a monument dedicated to his memory in 1983 and now on display at Jesse Owens Memorial Park are the words, "He inspired a world enslaved in tyranny and brought hope to his fellow man . . . from the cotton fields of Oakville to the acclaim of the entire world, he made us all proud to be called Lawrence Countians."

I am thankful for the life and legacy of Jesse Owens, because of his tremendous athletic achievements as well as the inspiration he provided to millions here and around the world.

OUR UNCONSCIONABLE NATIONAL DEBT

HON. MIKE COFFMAN

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES Thursday, September 12, 2013

Mr. COFFMAN, Mr. Speaker, on January 20, 2009, the day President Obama took ofthe national debt \$10.626.877.048.913.08.

Today, it is \$16,738,557,190,345.35. We've added \$6,111,680,141,432.27 to our debt in 4 years. This is \$6 trillion in debt our nation. our economy, and our children could have avoided with a balanced budget amendment.

HONORING THE TUSKEGEE AIR-MEN FROM WESTERN PENNSYL-VANIA

HON. KEITH J. ROTHFUS

OF PENNSYLVANIA

IN THE HOUSE OF REPRESENTATIVES Thursday, September 12, 2013

Mr. ROTHFUS. Mr. Speaker, we rise to pay special tribute to the Tuskegee Airmen, a